



Sex and Relationship Policy

Committee with oversight for this policy – Full Governing Body

Policy to be signed off by the Full Governing Body

Policy last reviewed by the Full Governing Body xxxxxxx

Policy last ratified and adopted by Full Governing Body xxxxxx

Policy / Document due for review xxxxxxxx



SEX AND RELATIONSHIPS POLICY

Our Aims are that children will be Healthy:

- We teach children about sex and relationships in order that they make responsible and well informed decisions about their lives.
- We help and support the children's understanding of their own physical, emotional and moral development.

We organise our curriculum in this way:

Relationship education is taught throughout the key stages and has three main elements

- Attitudes and values
- Personal and social skills
- Knowledge and understanding

We have a graduated age appropriate programme of SRE and where possible take account of the developmental differences of children and allow for discussion on a one-to-one basis or in small groups. For the most part, SRE at Churchill Gardens Primary Academy focuses on the relationships they share with other children and adults within the school and at home. We deliver our expectations through classroom modelling, weekly circle times and whole school assemblies. The delivery of relationships education is implicit in everything we strive to do as outlined in our guiding principle, *a place to grow – we keep each other safe*.

In Early Years Foundation Stage we focus on:

- Recognising the needs of others, friendship and the need for self-esteem
- Keeping our bodies safe (Science)
- Appropriate names for body parts

In Key Stage One we focus on:

- Friendships, bullying and the need for self-esteem
- Growth and change in animals and ourselves, including animal birth
- Appropriate names for body parts
- Caring for young



In **Key Stage Two** we continue to build on this, but also specifically give the children the knowledge and understanding they need to cope with physical changes they are experiencing now and will experience in the future.

In **Year 5** we teach children (**boys and girls**) about:

- Puberty and physical body changes including menstruation and voice breaking
- When these changes are likely to happen and what issues may cause your people anxiety and how they can deal with these
- How a baby is conceived and born

We focus the delivery of this material through factual, rather than speculative, information during two distinct sessions in summer term. The first session is on the theme of changes, the second on the theme of reproduction. We also work alongside specialist RSE practitioners from the school health service.

We encourage parents to support their child's education about sex and relationships in year 5. We also show the supporting materials/ video to any parents who wish to know the content of our teaching.

We meet the needs of Churchill Gardens Primary Academy pupils by:

Meeting with parents to show them the materials we plan to use

Teaching in single sex groups

Respecting cultural attitudes to sex and relationships (*Sex and Relationships- a Muslim perspective*)

We meet the needs of children with SEN by:

Using visual/audio resources

Answering questions in small targeted groups

Supporting understanding of children on the Autistic spectrum with targeted one to one explanations

We meet the learning needs of gifted and talented children by:

Responding to questions and linking learning to wider issues

Learners are supported and extended through differentiated materials and questions

Support Staff enhance learning through:

All staff are made aware of the timing of Sex Education so staff can deal with any issues outside of class time sensitively.

We acknowledge these constraints:

The range of emotional/physical maturity of pupils.

